



2026 Soling North American Championship

Sailing Instructions

October 1 to 4, 2026

Severn Sailing Association, Annapolis, MD, USA

*The notation '[NP]' in a rule means that a boat may not protest
another boat for breaking that rule. This changes RRS 60.1.*

1 RULES

- 1.1. The Organizing Authorities are the Severn Sailing Association and the International Soling Class.
- 1.2. This event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.3. The following RRS will be changed: 31, 32, 33, 35, 42.3(c), 44.1, 63.5(c), 63.7, A4, A5.
 - (a) RRS 60.4(a)(2) is changed as follows: "if it alleges a breach of a rule of Part 2 or RRS 31 and is from a boat that was not involved in, or did not see, the incident, or"
- 1.4. The following national prescriptions will apply: 88.2, Appendix R, the prescription to the preamble to Part 5, and the prescriptions to rules 65.1, 70.3(b) and 76.1 as written in NoR 22.

2 CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions:
 - (a) Will be posted before 09.00 on the day it will take effect, except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.
 - (b) Before posting or publishing, the ISA Liaison officer John Walton, III must counter sign each, and every change to the Sailing Instructions as well as changes to the schedules or registration, inspection, and social events.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located:
 - (a) The Official Notice Board will be located at the ground floor level of the SSA



Clubhouse in the snack bar seating area directly opposite the Snack Bar service window.

- (b) The organizing authority will organize a WhatsApp Group managed by the OA and the PRO to provide, as a courtesy, on-going updates and Notices throughout the duration of the regatta. All Official Notices will be posted on the Official Notice Board.

3.2 The race office is located at the second floor of the SSA clubhouse.

3.3 [DP] From the first warning signal until the end of the last race of the day:

- (a) Except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- (b) Boats may carry VHF, see CR C.3.2.(b).2 – channels of emergency to be used 65A and 16.

4 CODE OF CONDUCT

4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed from the flagpole in front of the SSA clubhouse.

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS Race Signals AP.

6 SCHEDULE OF RACES

6.1. On any given day, a maximum of two races, including an eventual practice race, may be sailed. See schedule below. However, a third race may be sailed from the second day on to bring the series back to, or towards, the published schedule of races.

6.2. The scheduled time of the warning signal for the first day will be 11:00 and the RC will announce the starting time of the next day before 1800, subsequent races in the day the warning signal is signaled as soon as practical after the race held.

Date	Race	Warning signal	Race	Warning signal
Thursday, October 1 st	<i>Race 1</i>	11:00	<i>Race 2</i>	A.S.A. Practical
Friday, October 2 nd	<i>Race 3</i>	To be announced	<i>Race 4</i>	A.S.A. Practical
Saturday, October 3 rd	<i>Race 5</i>	To be announced	<i>Race 6</i>	A.S.A. Practical
Sunday, October 4 th	<i>Race 7</i>	To be announced	<i>Race 8</i>	A.S.A. Practical

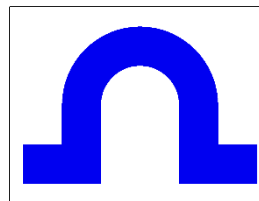


6.3. To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the warning signal is made.

6.4. On the last scheduled day of racing no warning signal will be made after 1400 hours.

7 CLASS FLAG

7.1. The class flag is a blue Soling insignia on a white flag.



8 RACING AREAS

8.1. The racing area will be Course Area A shown on the Addendum A of these Sailing Instructions.

9 THE COURSES

- 9.1. The diagram below shows the courses including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.. Also, the approximate course length is shown
- 9.2. No later than the warning signal, the race committee signal boat will display the approximate distance, and the approximate compass bearing to Mark 1
- 9.3. Courses may be shortened using flag S (▣) eliminating the last lap or last leg of the course, the mini reach is part of the last leg of the course for such purpose or C (▢) + or C (▢) -, according to 9.1 diagram This changes RRS 32

	Course signal	3
	Course length X	0.8 – 1.3 NM. (Gate to WM)
	Course Length Y	Approx. 0.2 NM.(Start to Gate)
	Course length limitations	The race committee may not change the distance between marks 1 and 2, under C (▢), below the minimum or above the maximum of course length X.
	Mark sequence	Start – 1 – 1A – 2S/2P – 1 – 1A – 2S/2P – 1 – 1A – 2P – Finish
	Marks rounding	All marks rounded to port. Marks 2S/2P will be a gate



10 MARKS

10.1. Marks are:

Marks	Original		New marks	
	Shape	Color	Shape	Color
Starboard-end starting mark	Flag	Orange	NA	NA
Port-end starting mark	Cylinder	Yellow	NA	NA
Mark 1	Cylinder	Orange	Tetrahedron	Orange
Mark 1a	Ball	Orange	Ball	Orange
Mark 2P	Cylinder	Orange	Tetrahedron	Orange
Mark 2S	Cylinder	Orange	Tetrahedron	Orange
Port-end finish mark	Flag	Blue	NA	NA
Starboard-end finish mark	Ball	Red	NA	NA

11 OBSTRUCTIONS

11.1. No obstructions allowed within the course area.

12 THE START

12.1. The starting line is between a staff displaying a flag on the starting vessel at the starboard-end and the course side of the port-end starting mark.

12.2 A boat that does not start within five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13.2. Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This will change RRS 33.

14 THE FINISH

14.1. The finish line is between a staff displaying a flag on the finish vessel at the port-end and the course side of the starboard-end finishing mark.



15 PENALTY SYSTEM

15.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16 TIME LIMITS

16.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Course	Mark 1 Time limit	Race Time limit	Finishing window	Application of the time limits will results in minimum speeds of approximately:		
3	40 minutes	2.5 hours	30 minutes	Course length X	0.8 NM	1.3 NM
				Course sailing length	6.3 NM	9.0 NM
				Mark 1 Time limit	1.5 kn	3.2 kn
				Race Time limit	2.5 kn	3.6 kn

16.2. If no boat passes the first mark within the Mark 1 Time Limit or if no boat sails the course and finishes within the Race Time Limit the race will be abandoned.

16.3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored DNF without a hearing.

17 HEARING REQUESTS

17.1. The protest time limit is:

- (a) 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board(s).
- (b) On the last scheduled day of racing a request for redress based on an International Jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 63.7.



17.2. Hearing request forms are available at the race office.

17.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at second floor of the SSA clubhouse classroom, beginning at time listed on the protest notice or online if specified in the Notice of Race.

17.4. No hearings shall take place between 23:00 and 07:00 hours local time.

18 SCORING

18.1. The Low Point System of Appendix A will be used.

18.2. Four (4) races are required to be completed to constitute a series.

18.3. When:

- (a) Five (5) or less races have been completed, a boat's series score is the total of her race scores.
- (b) Six (6) or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

19.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity in person at the race office or on phone number: 1-703-851-2552 or on VHF 65A.

20 REPLACEMENTS OF CREW OR EQUIPMENT

20.1. [DP] Substitution of competitors will not be allowed without prior written approval of the international jury.

20.2. [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, which may be after the race. See also ICM Chief measurer and ICM



21 EQUIPMENT AND INSPECTION CHECKS

21.1. A boat or equipment may be inspected at any time for compliance with the Soling Class Rules, Notice of Race and Sailing Instructions.

21.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22 OFFICIAL VESSEL

22.1 Official vessels will be identified as follows:

Marking	Type of official boat
RC	Race committee
IJ	International jury/Chief measurer

23 SUPPORT TEAMS

23.1. [DP] Team leaders, coaches and other support persons shall stay outside areas where Solings are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.

23.2. [DP] Support boats shall be identified with their national letters.

24 TRASH DISPOSAL

24.1. Trash may be placed aboard official or support person vessels

25 BERTHING

25.1 [DP] Boats shall be kept in their assigned places while in the harbor.

26 HAUL-OUT RESTRICTIONS

26.1. [DP] Boats shall not be hauled out during the ISC except with and according to the terms of prior written permission of the race committee.

27 DIVING EQUIPMENT AND PLASTIC POOLS

27.1. [DP] Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the ISC.

28 PRIZES

29.1. Mementos, prizes, and trophies given conform the ICM and NoR.



29 RISK STATEMENT

- 29.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.
- 29.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 29.3 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 29.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 29.5 Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 29.6 The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities.
- 29.7 The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 29.8 The provision of patrol boat cover is limited to such assistance, particularly.

30 IN CASE OF EMERGENCY

- 30.1. In case of emergencies during the ISC please contact: the RC on VHF 65A or -1-703-851-2552.
- 30.2. The contact information of the harbor manager is: 1-571-220-2165.



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Addendum #1

The sailing area we will be using is Area A.

